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Meet our Clinic Manager Nathalie DYETT in Jumeirah
Dr. Roze BioDental Clinic – Villa # 747 Jumeirah Street



Nathalie DYETT
RAKOTONINDRINA

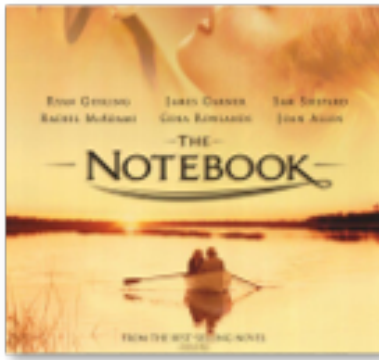
Born in Madagascar, Nathalie grew up in London and moved to Dubai few years ago.

« I'm the clinic manager at Dr Roze BioDental in Jumeirah. When I first witnessed the thoughts and care that our practitioners put behind each patients; I knew that I wanted to be part of this team and elevate the service outside clinical rooms. Part of my role now is to ensure that patients feel at home, cared for, listened to and don't fear going to the doctors ».

What is your favorite place in Dubai?

My favorite spot right now would have to be the 'Pai Thai' restaurant. It gives you a feel of holiday within the city and I am really enjoying the thai cuisine at the moment. It is surrounded by lush greenery and serene waterways which give you a real feeling of getaway from the city.



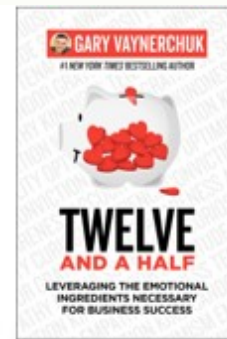


What is your favorite movie?

My favorite movie would be « The notebook » directed by Nick Cassavetes in 2004, and based on the novel drama which I also read. The movie makes you feel different emotions, from heartwarming to heartbreaking feelings.

What book are you reading right now?

Twelve and a half by Gary Vaynerchuk. I was recently gifted this book by a dear friend of mine who knows that I enjoy learning from the great leaders of this world. In this book, Gary explores the essential emotional skills that are integral to his life, and share critical tools with the readers.



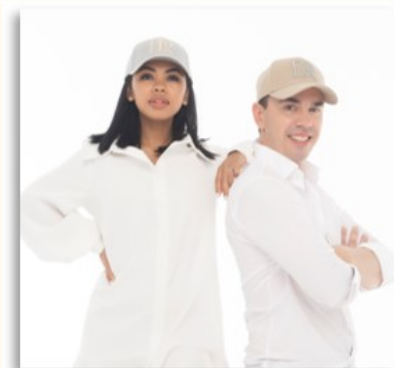
What podcast are you listening to?

My top 4 podcast right now would be:

- The Biohealth podcast by Dr Roze
- Daily Podcast by Joel Osteen
- Super soul by Oprah
- On purpose by Jay Shetty

A healthy habit to recommend ?

Daily positive affirmation about yourself. I discovered a huge value in patting myself (and my friends) on the back...positive affirmations are statements that can brighten your outlook on the world when you say them to yourself regularly.





A recipe to share ?

Healthy banana oatmeal cookies

Ingredients:

- 1 cup of quick oats
- 2 bananas
- $\frac{3}{4}$ cup dark chocolate chip or raisins

How to make it:

1. Preheat oven to 350 degrees and line a cookie sheet with parchment paper.
 2. In a large bowl, mash ripe bananas.
 3. Add in oats and mix well.
 4. Fold in chocolate chips.
 5. Scoop oat and banana mixture onto cookie sheets.
 6. Bake until golden brown and soft to the touch.
 7. Allow cooling before transferring to a wire rack to cool completely to room temperature.
- & Voila!

IF YOU WANT TO KNOW MORE ABOUT DR. ROZE BIODENTAL CLINIC

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+971 4 385 8081 | info@drroze.com | www.drroze.com

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