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BEST SPANISH DENTIST: WHY DO THEY STAND OUT?

FOR DR. ROZE BIOHEALTH CLINICS | 05 NOVEMBER 2022

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According to the WHO, the Spanish health care system is ranked seventh-best in the world. With the advanced technical part of the healthcare system, the most important piece that represents the quality is medical doctors and their class service that is widely recognized across Europe.

We bring you few key pieces of their advantage compared to what an average doctor brings.

1. Quality medical schools and medical education

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Good medical school provides good basics for young doctors starting their medical career, especially for those motivated to learn. Spanish medical schools provide a competitive environment in which every student is prompted to engage within the subject that allows them to get into more details of it while they are still at the beginning of their careers. This means that future Spanish doctors are able to cultivate their interest in medicine from early education days.

2. Natural effective daily approach

Providing effective medical service is one of the forms Spain's healthcare system is known for. With that in mind, to provide efficient service, you need not only a technically and administratively good system but also doctors that acknowledge the importance of the situation through all levels. Most of the entry medical work in Spain goes through primary care, as general practitioners guide patients to the next steps if they consider it necessary. Everyone in Spain is familiarized with this process, which also helps physicians to understand that most incoming patients are coming for the right reason, which is a practice that benefits them in other countries too.

3. Friendliness and the ability to build good connections

As one of the friendliest and easygoing nations in Europe, Spaniards have it easy to connect with patients and other colleagues, no matter the country they work in. This is especially important when relocating to another country since it makes the first few months much easier, and we all know that first impressions are important when meeting new people.

4. They cultivate an open-mindedness

Being open-minded is important in facing different cultures, which is what Spanish doctors and people, in general, are familiar with. Regularly facing a large number of migrants makes them more accustomed to advising members of another nation, which makes relocating to a new environment easier for both sides. No matter the culture they are coming into, Spanish doctors are accepting and non-invasive toward others, which is significant quality in the modern world.

At Dr. Roze BioHealth Clinics, we have reunited amongst the best specialists in the world and with 10 Spanish dentists registered in Dubai, we are proud to have 5 of them part of our team.

Let's see how and why they stand out so brilliantly:

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**1/- Why did you decide to be a dentist?**

I was always very attracted to the medical field, how the human body works, how disease happens, etc. For a while, I wanted to be a doctor, but as I grew up I realised that the family life I wanted was not going to be very easy being a doctor.

So I chose dentistry because I still get to help people get healthier and, most importantly, SMILE and it allows me to have the right balance between doing what I love and spending time with the people I love.

2/- Where did you study? Graduated?

I studied in the Complutense University of Madrid, Spain. The first and most prestigious dental school in Spain.

3/- What are your areas of expertise?

My areas of expertise are cosmetic dentistry and biological dentistry. I specialise in composite bonding and veneers and ceramic veneers

4/- Are there new techniques / specialities that would you like to learn

I would like to continue learning about the latest technologies in terms of cosmetic dentistry and the use of lasers.

5/- What do you like the most in your professional life?

I love to improve my patient's quality of life, it may be by treating a chronic condition that affects their general health or by improving the appearance of their smile.

6/- What was the most complicated case you did treat in your career?

A post extraction full mouth implant case with guided surgery, where the surgical splint was not stable and I had to use my creativity to finish the case successfully.

Another one was a full mouth rehabilitation on a very bruxist patient, it took a lot of planning and occlusion trials to achieve long lasting restorations.

7/- What are the most important human qualities required to be a good dentist?

In my opinion the most important human qualities for a dentist are empathy and the ability to listen.

A good dentist understands that our patients are not only a "broken tooth" or a "cavity" but a human being with feelings, with other general health problems, with a family, with a job etc. And we need to take all that into consideration when we create an appropriate treatment plan for our patients.

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8/- How do you deal with anxious patients?

Showing them empathy, validating their feelings and giving them time. Time to explain themselves, time if they need a break to breathe. And of course giving them some control over the treatment (ie: stopping when they ask me, taking breaks when they need to, etc).

9/- What has been your greatest accomplishment professionally speaking so far?

I was the number one Invisalign Go dentist in the Republic of Ireland and Northern Ireland while I was working there. And I had patients travelling from all over Ireland to come and see me for Composite bonding and Invisalign treatments.

10/- What do you like the most coming from your patients?

To see their genuine smiles at the end of the treatment and to see how their attitude changes in a positive way where they come back fro their check ups. I love seeing my patients thrive in life thanks to the confidence their new smile gave them!

11/- What do you fear the most from your patients?

I wouldn't say fear but I don't like when I am not able to establish a connection with the patient and help them understand their condition and how important it is to treat it.

12/- Do you have a nice and/or funny story or anecdote to tell us about something that you experienced with a patient?

I will never forget a patient that had been wearing dentures for a long time and after I replaced them with some implants, she came back a couple of days after for a follow up and gave me a big hug and said that it was the first time she could go for a dinner with friends and eat whatever she wanted from the menu without the fear of the dentures moving! She told me that this treatment was life changing for her and I will never forget that.

Interview of Doctor Laura Mañon – General and Cosmetic Dentist

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