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FRENCH DENTIST AT THEIR BEST: WHY DO THEY STAND OUT?

FOR DR. ROZE BIOHEALTH CLINICS | 06 NOVEMBER 2022

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According to the OECD database, the number of dentists in France has been steadily increasing in recent years. Currently, there are well over 42,000 practicing dentists across the country. In terms of population density, this is more dentists than in the United States (US), United Kingdom (UK), or Australia, but fewer than in most other European Union (EU) countries..

In the UAE, our team includes hand-picked French specialists all Biological dentists and SMART Certified. **Doctor Hubert de Grully** joined the team at its very beginning and is our leader at Dr. **Roze BioDental Clinic** in Jumeirah.

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Hubert completed his dentistry degree in his home country of France, at the Medicine and Dentistry University of Montpellier. He brings a strong portfolio to Dr. Roze BioHealth clinics, offering an array of skills to the team that include additional specialisations in the fields of **Implantology and Cosmetic Dentistry** – making him a practiced and future-facing member of the Dr. Roze family.

“The field of dentistry is becoming more and more fascinating as an electronic and digital revolution gives us new tools and innovations to create amazing aesthetics with long-lasting results. It is truly becoming an art discipline.

I became a **CEREC® specialist** as I believe there has never been a dental technique that is as efficient and complete. It allows me to give professional results without lengthy waiting periods or prolonged discomfort to my patient.”

In 2019 Dr. Hubert became **SMART certified (Safe Mercury Amalgam Removal Technique)** and is an **active member of the International Academy of Oral Medicine and Toxicology (IAOMT)**

“When I’m not working, I like to enjoy the pleasures that Dubai has to offer. From spending weekends in the desert with friends and having dinner in excellent restaurants with my wife, to taking our child to the beach or jogging along the sea after a long day of work. I find many small things add to a great sum which makes Dubai a unique and enjoyable place to live.”

1/- Why did you decide to be a dentist?

I have always been shadowing in a dental clinic when I was a kid as my dad is a general dentist too. I discovered an endless world.

Fullfilling all my criteria when I was searching for a job to do when I will be an adult. It is common to say that a Dentist is a combination of: Doctor+ an ENginner+ an artist. So from this statement, my choice was easy. This is why I decided to be a dentist.

2/- Where did you study? Graduated?

*I studied in my hometown, a city called Montpellier in the South of France on the Mediterranean Sea. The **faculty of Medicine of Montpellier** is one of the oldest in the world still operating (since year1220).*

I did all my schooling within the same city. Up to my 3 years Implantology postgraduate, after being graduated in 2010.

3/- What are your areas of expertise?

In France, we are trained to be able to perform any type of dental treatment, except orthodontic treatment. Which is a specialty.

*So I have skills to perform diagnosis, dental care such as **fillings, ceramic restorations (inlays/onlays, crowns, veneers), root canal treatment, paediatric dentistry, routine surgery (such as extractions), etc.***

After being graduated in 2010, and being passionate about Implantology, I did a 3 years postgraduate at the University. Which gives me the title of Implantologist in France and abroad.

*But when I moved to Dubai in 2013, I focused in **Digital Dentistry** and more specifically in **CEREC** technology as there was some needs in this field at the time.*

*I am since a **General Dentist**, focusing in **cosmetic and biological dentistry**.*

4/- Are they new technics / specialties that would you like to learn

Biological dentistry is a new and endless field. After being SMART certified, and using ceramic implants, I would like to learn more about the interaction of the oral cavity with the body and how our treatments can improve this complex relationship.

5/- What do you like the most in your professional life?

Having the freedom to manage my time, and my patients freely.

6/- What was the most complicated case you did treat in your career?

The most complicated case is always the most rewarding and a case we can be proud of.

I don't have one specific case in mind but I would say the interdisciplinary cases are the most challenging cases in general. It is long treatments and the initial plan has very often to be updated during the treatment as we can face some unforeseen situations.

7/- What are the most important human qualities required to be a good dentist?

I would say empathy and patience. But at the same time, we need to keep the lead, as we are the professionals, and we know what is the best for the patient.

8/- How do you deal with anxious patients?

First, I am listening to their medical history. Trying to identify from where the fear is coming from. So I can find the correct words to explain them the process and reassure them on their fears. Then I have tools to help them during the sessions.

*I am pleased to say that I can perform all my dental treatments without pain. Since I am using the Electronically controlled anaesthetic device called **Quicksleeper 5®**.*

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9/- What has been your greatest accomplishment professionally speaking so far?

I am always trying to be consistent and to improve myself. My greatest accomplishment is when I see that my patients trust me enough to send me their beloved relatives. That makes me really happy, and reminds me all the hard work it took to reach this point.

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**10/- What do you like the most coming from your patients?**

When they express their gratitude is the best part of it!

**11/- What do you fear the most from your patients?**

Incomprehension is definitively a problem. Communication is a key in our daily practice, and we need to make the situation clear for the patient.

**12/- Do you have a nice and/or funny story or anecdote to tell us about something that you experienced with a patient?**

We recently had a very unusual experience. A young patient came because of hairs stock between her teeth. She was eating her hairs as a behavioural tic. And had hundreds pieces of hairs stock on her teeth. We spend the full consultation removing hairs one by one.



Interview of Doctor Hubert de Grully– General and Cosmetic Dentist

Learn more about our services at Dr. Roze BioDental Clinic

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