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ENGLISH DENTISTS AT THEIR BEST: WHY DO THEY STAND OUT?

FOR DR. ROZE BIOHEALTH CLINICS | 07 NOVEMBER 2022

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For decades, the British people did not place a priority on the appearance of their teeth, in spite of the developing orthodontic technology. Instead of focusing on bright, white, dazzling smiles, the British focused on oral hygiene and minor improvements.

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Back in the 1990s, the British percentages of tooth decay and tooth replacement were significantly worse than those in the United States. Today, those rates have significantly improved, to the point where the UK is surpassing the US in matters of oral health and cleanliness.

Satisfaction with NHS dentistry is currently at one of the highest levels seen this century, with 85% rating their NHS dental experience as positive. Hence the fact that our english dentists are highly appreciated and very well represented at Dr.Roze BioHealth Clinics.

Dr Oliver Milton qualified from Birmingham University in the UK and made the move recently to the UAE to further his dental career. During his time in the UK he worked as a general dentist with special interests in **cosmetic dentistry, facial aesthetics and dental implantology**. He spent time working for the UK's National Health Service and also the private sector.

At both of these practices, he gained experience in **endodontics, orthodontics and oral surgery**. Working for the NHS ensured that preventative and minimally invasive treatments were consistently practised. "I am passionate about ensuring my patient receives the best possible care and that all treatments offered are with the patient's best interest. Working at Dr. Roze enables me to keep these correct morals and further my practice in **biological dentistry**. " Dr Oliver has attended many post-graduate courses and has gained certificates in **facial aesthetics** and **dental implants** which he is currently part way through completing a diploma in. He plans to carry out another diploma in restorative dentistry in the future.

1/- Why did you decide to be a dentist?

I liked science at school and I wanted to do something that uses manual dexterity and working in part of a team. Dentistry was the best that fitted this criteria

2/- Where did you study? Graduated?

I studied and graduated from the University of Birmingham in the UK

3/- What are your areas of expertise?

I like to do anything that is restorative or cosmetic. This can be from onlays to veneers.

4/- Are there any new techniques / specialties that would you like to learn?

I have a diploma in dental implantology already, so I am currently in the journey of learning about placing ceramic implants which are more biological approach.

5/- What do you like the most in your professional life?

Being around a team of different specialties and working closely to give patients a better experience and smile

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6/- What was the most complicated case you did treat in your career?

The most complicated case I had to do was an implant case where I had to restore multiple missing anterior teeth which was quite challenging due to the patient's dental situation at the time.

7/- What are the most important human qualities required to be a good dentist?

Empathy, Communication and good ethics

8/- How do you deal with anxious patients?

I am very patient with my patients especially those who feel anxious. I take time to listen and understand what caused the initial anxiety and how we can address it.

9/- What has been your greatest accomplishment professionally speaking so far?

Moving to Dubai and adapting to dentistry in a completely new environment.

10/- What do you like the most coming from your patients?

Positive feedback after long treatments and referrals.

11/- What do you fear the most from your patients?

If they have a dentist in the family already and they don't want to treat the patient.

12/- Do you have a nice and/or funny story or anecdote to tell us about something that you experienced with a patient?

I had a patient that told me he cares a lot about the fillings on the posterior teeth as he is the owner of an adult website.

Interview of Doctor Oliver Milton – General and Cosmetic Dentist

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