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# How can bioresonance therapy help you?

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Bioresonance is a little-known yet powerful therapy that taps into your body’s energy field. Expert practitioner, Doctor Ysleme Delhoum, is now offering Bioresonance therapy at the Dr. Roze BioHealth Clinics in DIFC.

## What Is bioresonance?

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You are an energetic being, and bioresonance uses energy to locate imbalances in your body.



The easiest way to understand this is to think back to the experiments you used to do with magnets at school. Remember you would take a magnet, cover it with a sheet of paper, and then scatter iron filings on top of the paper? The iron filings would form a clear pattern, reflecting the magnetic field.

You could take the magnet away, but as soon as you placed it back under the paper, the iron filings would arrange themselves once more. If there were any disturbance in the pattern, you'd know something was up with the magnetic field.

Your body is no different. Every single one of your cells is made of energy, and that means your body has its own magnetic or 'biomagnetic' field. Much like iron filings in disarray, imbalances in this biomagnetic field can contribute to symptoms.

Using the same metaphor, we can see that the conventional approach to healthcare tries to rearrange the iron filings to reinstate order. Bioresonance looks to the body's biomagnetic field to resolve the underlying cause of a disturbance.

## How does bioresonance work?

Bioresonance works by measuring the biomagnetic field or frequencies of your body to identify the source of any disturbances.

It is a gentle, non-invasive therapy. Electrodes are placed on your skin, and these are linked to a machine that emits electromagnetic signals. The machine sends a gentle impulse to your body. If your cells are balanced and healthy, the machine will read a clear signal coming back. If there's any disturbance in your body's biomagnetic field, the returning signal will be much weaker.

The machine is programmed with thousands of different frequencies so that it can recognise what the various returning signals mean. One frequency might mean there's an issue in your liver cells, for example, while another might point towards a virus or allergen.

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As more and more signals come back, the system starts to create a picture of what's going on in your body. This information, coupled with a comprehensive case history and an assessment of your current symptoms, can help to uncover underlying and previously undetectable reasons for stubborn health issues

As well as pinpointing the problem, bioresonance can also be used to restore balance. The machine can emit counter-frequencies to help reset the body's biomagnetic field, making it strong and stable once more.

This therapy—in conjunction with other treatment approaches such as nutritional therapy and Functional Medicine—can be transformative.

### What is bioresonance used for?

There is a small but emerging body of research on the benefits of bioresonance. Studies so far suggest that it can help with:

- **Fibromyalgia.** A Russian study compared two groups of fibromyalgia patients. One group received manual therapy and massage as a treatment, while the other received manual therapy and massage, plus bioresonance. The group receiving bioresonance experienced a quicker improvement in their symptoms, and the therapeutic effect lasted for longer too.
- **Overtraining and fatigue.** Another study of 60 burnt-out athletes found that those who received bioresonance therapy experienced greater recovery. It appeared that the bioresonance helped to normalise blood pressure and rebalance the athletes' stress response.
- **Stomach pain.** In a small German study that compared 10 people receiving bioresonance with 10 receiving no treatment, researchers found that bioresonance significantly reduced unexplained stomach pain.
- **Smoking addiction.** In 2014, a study looking at 190 smokers found that those who received just one session of bioresonance were more likely to have successfully given up smoking a year later.
- **Allergies.** A review of studies found that bioresonance can improve allergic symptoms such as asthma and eczema. Interestingly, its effect is more pronounced in children.

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It’s worth considering that while we should strive to be evidence-based, it’s also possible to be evidence-limited. Our medical system works on the assumption that biochemistry is the foundation of biological systems, which means little money is spent investigating the energetic side of medicine.

But we are, without question, just as much energetic beings as we are biochemical ones. It will be interesting to see how the research that’s developing in this area will change the landscape of healthcare.

**Who would benefit from bioresonance:**

Because bioresonance investigates a little-explored aspect of health—your biomagnetic field or frequency—it can provide another way of looking at mysterious or persistent symptoms. This gentle and non-invasive therapy is suitable for everyone, but it can be particularly insightful in cases of:

- Depression & Anxiety
- Trauma
- Chronic fatigue syndrome
- Unexplained illness
- Lyme disease
- Fibromyalgia
- Arthritis

The goal of bioresonance is to help your body restore its natural balance—so you can enjoy better health.

If you want to know more, [Click the link](#)

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