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HOW TO CHOOSE THE RIGHT DENTAL VENEERS?

FOR DR. ROZE BIOHEALTH CLINICS | 20.06. 2022

BIODENTAL

We all know now that veneers are custom, tooth-colored shells that fit over the front of your teeth. Remember the purpose of veneers which is to change the shape, color, size, and appearance of natural teeth. Veneers are most commonly placed over front teeth, rather than back molars.

The shells fix chipped teeth, different-sized teeth, slightly crooked teeth, and tooth discoloration. Veneers cannot replace missing teeth.

All types of veneers are permanent, which means they cannot be removed after placement. If you have cavities or gum disease, it is essential to seek restorative dental treatment rather than veneers.

Veneer shells are typically made of porcelain. However, there are a few different types of veneers to choose from:

1/- What are the pros and cons of Porcelain Veneers?

Porcelain is the most esthetic and least harmful material available for dental restorations. It is also the strongest and longest-lasting of all veneer materials. Porcelain laminate veneers are extremely biocompatible, which means they rarely injure the gum tissues and surrounding soft tissues in the mouth. These veneers can significantly improve the appearance of your smile because porcelain is very natural-looking.

Pros:

- Blend in with your natural tooth color
- Stain-resistant
- Very strong and durable
- Lower chance of fracture, chipping, or breakage
- Smooth, tooth-like texture
- Do not harm your gums or surrounding teeth
- Little plaque build-up with proper dental care
- Long-lasting, typically 8 to 15 years

Cons:

- Expensive
- Lengthy and invasive procedure

CEREC® (Chairside Economical Restoration of Esthetic Ceramics) porcelain

veneers are an option that provides same-day results. CEREC veneers use high-quality 3D software to design you a new, beautiful smile in minutes.

2/- What are the pros and cons of Composite Veneers?

Composite Veneers are made of composite resin, which is a mixture of inorganic and organic materials. The natural materials include the initiator, the resin, and the coupling agent. The primary inorganic material in composite resin is the filler.

The bonding material used to make composite resin veneers is the same as tooth-colored dental fillings. While strong, composite veneers are not as durable as porcelain.

Composite veneers are less expensive than porcelain veneers. However, they blend in fairly well with your natural tooth color, but are prone to stains over time and do not last as long.

Pros

- Relatively strong and durable
- Less invasive procedure (less enamel removal)
- They look natural but can stain over time
- Low chance of harming your gum tissue
- Easily repaired if chipped or broken
- Only requires a single visit and no temporary restorations
- Last between 5 to 7 years
- Less expensive than porcelain veneers

Cons

- Weaker and more prone to stains over time than porcelain veneers
- Do not last as long as porcelain veneers
- Lengthy procedure

3/- What are the pros and cons of Feldspathic veneers?

This method employs a laborious hand stacking technique. The ceramist applies small amounts of different porcelains mixing into a single monolithic layer.

These porcelains vary in levels of opacity, brightness, and color, and are artfully laid down as the tooth form is built up. These veneers have artfully mixed porcelains that can match the existing tooth shades better than pressed coping veneers.

Pros

- Unmatched blending capabilities
- Beautiful aesthetic & Natural looking
- Satisfaction of very demanding patients

Cons

- Patients with TMJ disorders, grinding their teeth...etc
- Requiring more enamel for an optimum tooth bonding
- Contraindicated for patients who are tough on their natural teeth
- Taking longer to make than others & requiring more training from the lab technician and the dentist
- More costly to produce

To learn more about veneers,
[Please click the link](#)

| Dr. RABAGO BIOHEALTH CLINICS | | | |
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| | AMERICA | AMERICA | AMERICA |
| HOW TO CHOOSE THE RIGHT DENTAL VENEERS? | | | |
| | Veneers | Lumineers | |
| Materials/Types | Porcelain, Polyethylene Glycol, Composite | Porcelain or ceramic | |
| Recommended for minor imperfections | YES | YES | |
| Recommended for major imperfections | YES Effective in covering severe staining, discoloration and misalignment | NO Very thin and more translucent than traditional veneers, making them more difficult to stain and discoloration | |
| Number of appointments on average | 2-3 | 2 | |
| Irreversibility | More invasive and requires tooth preparation | Less invasive and requires little to no preparation | |
| Durability | Thicker and bond well to the teeth so it is more durable | Very thin and translucent making it less durable | |
| Cost | More expensive | Cheaper than the traditional porcelain veneers | |
| Susceptibility to damage and gum problems | As it bond well to the prepared tooth, veneers are less susceptible to chipping and it is also less susceptible to gum problems once perform by a well trained clinician | More susceptible to cracks or chipping on to the acid also, there is a high number of patients that develop gum problems due to its thin Lumineers | |



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