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WHAT IS BIOLOGICAL DENTISTRY?

FOR DR. ROZE BIOHEALTH CLINICS | WEDNESDAY April 06TH. 2022

BIODENTAL

Biological dentistry is the practice of diagnosing, preventing, treating, and maintaining oral health using natural therapies. A biological dentist assesses a patient's entire state of physical and emotional health before deciding on treatments.

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A biological dentist understands that the mouth and body are connected and that illness or disease that occurs inside the body is reflected orally and vice versa. Factors like stress, diet, and sleep patterns have a direct impact on oral inflammation and disease.

Is a biological dentist a “real dentist”?

All biological and functional dentists have gone to dental school and have a DDS or DMD degree like a traditional dentist. Biological dentists also offer traditional dental services.

The biggest difference between these two types of dentists are:

- their approach to the practice: A traditional dentist often treats symptoms, while a biological dentist tries to find the root cause of the symptom. A traditional dentist may see a cavity, drill it, and fill it. But a functional dentist will inquire about a patient's diet, workout regimen, hormone imbalances, alcohol consumption and sleep patterns that may promote healing and prevention.
- The type of materials used to treat patients: Biological dentists use organic, natural, and biocompatible materials that are non-toxic and safe for human consumption.

A biological dentist is also one that believes that the you should be very well-informed about your own body, the treatments that have been suggested and be part of every step of the procedure and decision-making.

What treatments can your biological dentist help you with?

- ***Safe Amalgam Removal Therapy***

The mercury in amalgam fillings has been found to cause some health issues when in larger amounts. When amalgam removal is necessary for maintaining good health and a toxin-free mouth, you will find that the specialist biological dentists at Dr. Roze Clinics have the accreditation and undergone the training to perform this procedure accurately and safely. Our clinics also have the specialised equipment and SMART protocols in place to keep patients and staff free from any contamination.

- ***Dental Health Protection***

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The link between gum disease and heart and circulatory problems has been well established and advanced gum infections that are untreated, can lead to health issues. A natural approach to the treatment of gum infection focuses on the regular removal of bacteria and toxins that may build up around the roots of the teeth so that the gums heal properly, with professional scaling and cleaning as well as ozone therapy.

- ***Cosmetic Dentistry***

At Dr. Roze BioHealth clinics, we restore teeth with high-quality, durable and safe restorations using precision custom-printed porcelain for a natural resistance to bacteria.. Printed porcelain replaces just the area of a tooth that is damaged in a seamless, durable way with excellent aesthetics. Non-toxic (BPA- and Hema-free) resin fillings are used for bonding and fillings with smaller areas of damage, ceramic implants are preferred to titanium ones.

➤ **What is Ozone Therapy?**

Ozone therapy is the rinsing, washing and sterilisation process that uses Ozone (O₃) which is considered to be the earth's most powerful naturally-occurring cleansing agent. It is a new technology that has been proven to be very effective in bacterial removal and is minimally-invasive and safe.

To learn more about our functional treatments